

Inspiration Training



qualsafe
registered centre

Qualsafe Level 3 Award in Health and Safety in the Workplace (RQF)



3 day
course



Ofqual
regulated



Refresher training
recommended
every 3 years



Course Overview

The **Qualsafe Level 3 Award in Health and Safety in the Workplace (RQF)** is a regulated and nationally recognised qualification designed to provide candidates with a more advanced understanding of health and safety.

Ideal for those who work, or intend to work at a supervisory or management level, this 3 day course covers a range of health and safety topics, including: workplace legal requirements, the benefits of using a health and safety system, principles of risk assessment and the risks and control methods for common workplace hazards.

Successful candidates will leave with a greater understanding of health and safety in the workplace, enabling them to help maintain a safer working environment.

What's Covered?

- ⚠ Health and safety legal requirements
- ⚠ Roles and responsibilities of employers
- ⚠ Demonstrating best practice for health and safety compliance
- ⚠ Communicating health and safety information
- ⚠ Definition of key health and safety terms
- ⚠ Main causes of injuries and ill health at work
- ⚠ Benefits and key elements of safety management systems
- ⚠ Principles of risk assessment:
 - Benefits of assessing and controlling risks
 - Types of risk assessment
 - Steps needed to complete a simple risk assessment
- ⚠ Risks and control methods for common workplace hazards:
 - Occupational, environmental, human and organisational factors
 - Injuries, ill health and other damage that can occur
 - Identifying risk control measures using the hierarchy of control
- ⚠ Procedures for responding to accidents and incidents
- ⚠ Investigation techniques for revealing immediate and root causes

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